

BOLIVIAN PASTRIES

Colchester-Essex

Vegan Menu

We bake everything from scratch everyday. Using local ingredients

Bread Price: £2.00 each

Pucacapa.-Filled with vegan cheeze, onions, herbs & black olives.

Cheeze Bread.-Oven baked bread with vegan cheeze

Red Inca.-Filled with vegetable stew and indian dudhi

Pasties Price: £2.00 each

Salteña.-Lentils with potatoes, carrots, peas and vegetable stew.

Cheeze empanada.-Fry empanada with vegan cheeze.

Bolivian Empanada.-Fry pasty with mushrooms and soya mince, vegetable stew, potatos, carrots, pea

Gluten free £2.50 each

Corn Empanada.-Fried filled with indian veg. vegetable stew and mash potato

Banoffee pie.-Cookie crust, homemade caramel banana and coconut cream

Arepa.-Cassava, vegan cheese, soya rice/corn meal

Corn Cake.-Fresh corn, vegan cheeze and corn maze flour.

Chocolate Brownies.-Dark chocolate with organic rice and cassava flour

Doughnuts £2.00

Plain Vanilla

Praline

Chocolate fudge

Sugar doughnuts



Cake slices

£2.00 each

Chocolate Fudge.-

Chocolate sponge with chocolate fudge

Banana bread.-

South African traditional, baked with ripes bananas and brown sugar.

Passion Fruit

Baked with fresh passion fruit sponge & passion fruit butter cream.

Pineapple cake

Baked with fresh pineapples & brown sugar

Victoria Sponge

Vanilla Sponge (Soya free), buttercream and strawberry jam

Carrot cake

Moist and soft made with freshly grated carrots, topped with vegan vanilla butter cream

Orange Madeira

Fresh orange sponge cake

Coffee & Walnut

Sponge with walnuts and coffe flavour buttercream

Whole cakes from £20.00

Chocolate Fudge

Carrot cake

Passion Fruit cake

Walnut & coffee cake

Our favorites

Banoffee pie

Cookie crust, dulce de leche banana, coconut cream

Cinnamon tart

Cookie dough, cinnamon custard

Sweet Bread

Pecan sweet swirls

Pear & cinnamon swirls

Sugar bread

Guava bread

Cookies

Alfajores.-2 cookie filled with

dulce de leche sprinkle coconuts

on the sides

We have select products that do not contain wheat or nuts, and soya. We try all our best to avoid contamination, if you are allergic to the above we do not recommend consuming any of our products.

Visite us at www.bolivianpastries.com